

# 5 DAYS BETWEEN LAKES AND VOLCANOES IN AUVERGNE

### Self guided hike 5 days /4 nights

**5** days hiking on the volcanoes of Auvergne. In the heart of the Regional Natural Park of the Volcanoes of Auvergne, take time to share with your family or with your friends, real authentic moments. Go and discover this fabulous area. Your walking days will be both easy and fun, in harmony with this preserved land. Great to fill-up your energy in this land of contrasts.

### ITINERARY

# DAY : PESSADE - ORCIVAL

### 3:30 hours walking - Hotel / 8 km / +100 m / -400 m

Before going on a hike, remember to leave your luggage at the first accommodation (hotel in Orcival, 10 minutes wayback by car from Pessade). It is also in this first hotel that you will recover your travel documents (maps and road book).

For this stay, you can start hiking as you like between 10:00 and 14:00. You will begin your hike on the big parking lot of the old Nordic resort in the village of Pessade, where you can leave your vehicle. For Info, Clermont-Ferrand / Pessade = 30km.

Hike to Lac Servières, a pretty little crater lake a few thousand years old, followed by a gentle descent with beautiful landscapes to reach the village of Orcival.

Dinner and overnight at the hotel

# DAY 2: ORCIVAL - MONTLOSIER

#### 4 to 5 hours walking - Lodge / 13 km / +327 m / - 235 m

In the morning, the Chaine des Puys is showing itself. You will then continue your walk to the castle of Montlosier, home of Maison du Parc Naturel Regional des Volcans d'Auvergne. Possible visit of the exhibition on the Chaine des Puys. Dinner and overnight stay at the lodging of Montlosier.

# DAY 3: MONTLOSIER - PUY DE LA VACHE - LASCHAMPS

## 4 to 5 hours walking - Lodge / 9 km , +157 m / -149 m or 11 km, +350 / - 300

Today, hike on the Chaîne des Puys. between sheep pastures and forest.

Possibility of climbing the Puys de La Vache and its twin Puy de Lassolas, before reaching the small village of Laschamps at the foot of Puy de Dome.

# DAY 4: LASCHAMPS - LAKE AYDAT (OR LAKE LA CASSIÈRE)

3 to 4 hours walking - Hotel / 7,5 to 12 km / +100 m / -220 m

Departure from Laschamps to join along the lava flow Lake Aydat, Possibility of swimming (in the protected bathing area).

# DAY 5: LAC D'AYDAT (OU LAC DE LA CASSIÈRE) - PESSADE

### 4 to 5 hours hours walking / 12 to 15 km / +400 m / -75 m

Before leaving, remember to leave your luggage at the hotel reception, so that you can pick them up later with your car at the end of your hike. Between mowing meadows and pastures, your last day of hiking will take you back to the hamlet of Pessade, through the Narse d'Espinasse, a real jewel and relic of the ice age.

---

### Disclaimer

The route can be modified for reasons of safety, meteorology or unforeseen events linked to events beyond our control: cut roads, local festivals ... "Aluna Voyages" and its team will always strive to provide the best solution.

# LEVEL

WALKING OR ACTIVITY TIME The days offer 4 to 5 hours of activity per day.

### CONSECUTIVE DAYS OF ACTIVITIES

5 days of activities suitable for families with children.

### ELEVATION / ELEVATION / TERRAIN

Low elevation on easy terrain.

#### LUGGAGE TRANSPORTATION

If option "luggage transport" chosen : You will only have to carry your small backpacks with personal effects of the day as well as your picnics. Transport of travel bags (or suitcases) by taxi on D2, D3 and D4. Only 1 piece of luggage per person weighing 15 kg maximum. Any surplus may be refused or surcharged by the carriers on site.

On the first day, before the start of the hike, you will have to bring your luggage yourself to the first accommodation (10 minutes by car), as well as on the last day you collect your luggage in the last accommodation of the stay.

On D1, you will leave your luggage yourself at the Orcival hotel before starting your hike.

On D5, before your last hike, you will leave your luggage at the hotel. After your hike, you will need to collect your luggage from this hotel.

#### WEATHER CONDITIONS

Climate of mountain pleasant in the inter seasons and hot in summer. Evenings can be cool.

#### EXPERIENCE REQUIRED

No specific experience. Walk regularly and have the pleasure of effort. Easy journey and accessible to anyone in good health.

### DATES & PRICES

#### FROM MAY TO END OF SEPTEMBER

#### Price for 1 adult traveling alone :

- With luggage transport : 725 €
- Without luggage transport : 525 €

#### Price for 2 people from 12 years old :

- With luggage transport : 515 €
- Without luggage transport : 415 €

#### Price for 3 people from 12 years old :

- With luggage transport : 470 €
- Without luggage transport : 405 €

#### Price for 4 or 5 people from 12 years old :

- With luggage transport : 450 €
- Without luggage transport : 395 €

#### Price for 6 or 7 people from 12 years old :

- With luggage transport : 440 €
- Without luggage transport : 390 €

#### Price for 8 or 9 people from 12 years old :

- With luggage transport : 430 €
- Without luggage transport : 385 €

#### Reduction for children under 12 : 125 € on the price above

#### If you arrive the day before we can reserve a hotel for you the day before departure in Orcival :

- Half-board adult or teenager from 12 years old in a double or family room = 82 €/pers
- Half-board child under 12 years old in parents' room = 42 €/child

#### During summer time, you can spend the night in Finnish kota or caravan in Pessade :

• Night in kota for adult : 25 €/night

### • Night in kota for Child under 12 years : 20 €/night

Provide a comfort sleeping bag  $+5^{\circ}$  for the night or as an option : duvet KIT which is  $\in 6$  extra per person (which includes a duvet with cover + a bath towel and a hand towel per person).

Shared toilets.

### Possibility to order catering meals : You must add to these costs, a package of 24 €/delivery.

- Evening meal + breakfast : 30 €/adult and 21 €/child under 12
- Dinner / Breakfast / Lunch box, delivered to kota : 39 €/adult and 27 €/child under 12
- Overnight Half board with dinner and breakfast : 54 €/adult and 39 €/child under 12 years
- Night in full board with 3 meals : 63 €/adult and 46 €/child under 12 years

# OUR PRICE INCLUDES

#### MEAL

Full board from Day 1 dinner to Day 5 lunch. TRANSPORT

#### If option "luggage transport" chosen :

Transport of travel bags (or suitcases) by taxi on D2, D3 and D4. Only 1 piece of luggage per person weighing 15 kg maximum. Any surplus may be refused or surcharged by the carriers on site.

On the first day, before the start of the hike, you will have to bring your luggage yourself to the first accommodation (10 minutes by car), as well as on the last day you collect your luggage in the last accommodation of the stay.

#### EQUIPMENT

Maps and road book for logistics information but also for naturalistic and cultural information.

#### ACCOMMODATION

Hotel and cottage in small dormitory.

# OUR PRICE DOES NOT INCLUDE

#### MEAL

Drinks and personal extras. Meals not mentioned above.

# TRANSPORTATION

Journey to the starting point.

Luggage transport is never included on the first day and the last day.

#### VARIOUS

Paying admissions to parks, sites and museums not included in the program.

#### INSURANCE

Cancellation, Baggage, Interruption and Repatriation Insurance: 3.95% of the price of your trip.

REGISTRATION FEE

- 30 days or more before departure : 12 €/pers
- Less than 30 days before departure : 20 €/pers
- For any tailor-made trip : 30 € + 12 €/pers

# PRACTICAL INFO

# YOUR MEETING

### Public transportation :

In order to limit your CO2 emissions, we encourage you to use public transport to get to Clermont-Fd bus or train station. From Clermont station to Pessade, about  $\in$  60/taxi ride on weekdays and about  $\in$  90/taxi ride on Sundays and public holidays. For information, transport to / from Clermont-Fd - Pessade (60 km return).

**By road** : 30 km (40 mn) from Clermont-ferrand. Take the N89 in the direction of Mont Dore, then at the Ventouse pass, turn left (dir Besse) then 500 m further on the right on the D5. At Zanière, turn right until Pessade. (See Openstreet Map)

### ACCOMMODATION

**2 nights in a hotel** \*\* and **2 nights in a cottage in small dorm.** Your room will be available from 5 pm and must be vacated by 10 am. You have breakfast at the hotel and at the cottage. Picnics are to be transported by yourself. Evening meals are taken at the hotel restaurant and at the cottage.

Evening meals are served in the hotel's restaurant and at the lodge.

# RECOMMENDED EQUIPMENT

#### A SMALL BACKPACK CONTAINING

- a hat or cap
- a pair of sunglasses
- a rain cape or a K-Way windbreaker or better a Gore-Tex jacket
- toilet paper
- a small personal first aid kit (aspirin, plaster, elastoplast, ...)
- Tupperware with cutlery for picnics and a water container
- Plastic bags to wrap business in bad weather
- a camera / pair of binoculars

### FOR YOUR EVENING LUGGAGE

#### For taxi transportation : only 1 bag/pers (max weight 12 kg/pers).

- a cotton or silk sheet for 2 nights at the cottage (blankets are provided)
- canvas or jogging pants
- a pair of tennis or other for the evening
- a polar fur
- spare clothing and underwear
- swimsuit
- toilet kit with a bath towel

#### SHOES

• a pair of lightweight walking shoes, preferably already used, or, for sensitive feet, a good pair of reinforced tennis shoes

socks